

2010 Region IX
Level 8 Team Camp

Location: Golden Gymnastics
12580 W. Cedar Dr. Lakewood, CO 80228
Dates: July 30 –Aug 1, 2010
Clinicians: Dean Morales and Steve Artemis

Please make sure athletes bring sleeping bag and a towel, and Emergency Card.

Participants	
Athlete	Club
Issak Johnson	5280 Gymnastics
Zakary Johnson	5280 Gymnastics
Conor McCartney	5280 Gymnastics
William Flower	GK Gymnastics
Samuel Brunner	GK Gymnastics
Jay Barnish	GK Gymnastics
Christopher Lambert	Eagle Ridge Gymnastics
Zachary Bryant	GK Gymnastics
Jared Bryant	SAGA
Participants invited by host club	
Henry Artemis	Golden Gymnastics
Matt Jankousky	Golden Gymnastics

Times may vary

Schedule	
Date	Activity
July 30, 2010	Check in and Meeting @ 6:30pm Golden Gymnastics
July 31, 2010	Session I 9:00am – 12:00pm
July 31, 2010	Lunch and Rest 12:00pm – 2:00pm
July 31, 2010	Session II 2:00pm – 4:30pm
July 31, 2010	Leave for Showers at Recreation Center
July 31, 2010	Dinner, Family Pizza Party 6:00pm – 8:30pm
August 1, 2010	Session III 9:00am – 12:00pm
August 1, 2010	Wrap-up and Depart 12:00pm – 12:30pm

Contact Information
Steve Artemis
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